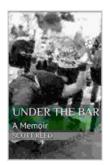
# Under the Bar: A Memoir of a Bartender's Journey Through Addiction, Redemption, and Service



Under the Bar: A Memoir by Scott Reed

: Enabled

★★★★★ 5 out of 5
Language : English
File size : 1423 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 279 pages

Lending



J.R. Moehringer's memoir, *Under the Bar: A Bartender's Journey Through Addiction, Redemption, and Service*, is a brutally honest and ultimately hopeful account of one man's struggle with addiction and his path to recovery. Moehringer's writing is raw and unflinching, but it is also full of humor and heart. He paints a vivid picture of the world of bartending, with its camaraderie and its dangers. He also explores the complex relationship between addiction and creativity, and the power of service to heal both the addict and the community.

#### **Moehringer's Struggles with Addiction**

Moehringer began drinking at a young age, and by the time he was in his early twenties, he was a full-blown alcoholic. He lost his job, his home, and his relationships. He was arrested for drunk driving and spent time in jail.

Moehringer's addiction took him to the brink of death, but he was eventually able to get sober with the help of Alcoholics Anonymous.

#### The Journey to Redemption

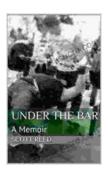
After getting sober, Moehringer began to rebuild his life. He got a job as a bartender, and he eventually became a successful writer. He also became active in Alcoholics Anonymous, and he has helped countless others to achieve sobriety. Moehringer's journey from addiction to redemption is a testament to the power of hope and perseverance.

#### The Transformative Power of Service

One of the most important themes in *Under the Bar* is the transformative power of service. Moehringer believes that service is essential for recovery from addiction. He writes, "Service is the opposite of addiction. Addiction is about taking, service is about giving. Addiction is about self-obsession, service is about others." Moehringer's experience as a bartender taught him the importance of listening to others, helping others, and making a difference in the world. He believes that service is a way to connect with others, to give back to the community, and to find purpose in life.

Under the Bar is a powerful and inspiring memoir that offers a unique perspective on addiction, recovery, and service. Moehringer's writing is honest, raw, and full of heart. He paints a vivid picture of the world of bartending, and he explores the complex relationship between addiction and creativity. Under the Bar is a must-read for anyone who has struggled with addiction, for anyone who is interested in recovery, and for anyone who believes in the power of service.

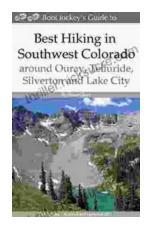
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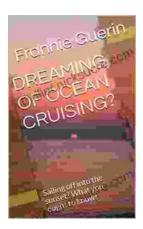
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